



Bariatric Summit 2016: Cradle to Cure

Continuing Physician Professional Development
Continuing Medical Education ♦ Multi-Specialty Portfolio Program



Friday, October 7, 2016 | 8 a.m. – 4 p.m.
John H. Ammon Medical Education Center
Christiana Hospital Campus, Newark, Delaware

Presented by Christiana Care Health System and Nemours/Alfred I. duPont Hospital for Children

REGISTER TODAY

<https://cchs.cloud-cme.com/bariatric2016>

OVERVIEW

Obesity is pandemic. Morbidity and mortality from obesity has exceeded that of smoking. It affects socioeconomic class, age and gender equally and is akin to the modern plague. Medical costs associated with obesity range as high as \$209.7 billion and account for more than twenty percent of all annual health care spending in the United States. Treatments include behavioral modification, medical therapy and surgical interventions.

With new pharmacotherapies coming to market and an increasing number of bariatric surgeries, providers need to be aware of the unique needs of bariatric patients, especially following bariatric surgery.

This conference will offer insights to effective management of obese patients and will look closely at weight loss medications, new medical therapies and surgical options, obesity in

pregnancy and childhood, and the management of the post-bariatric surgery patient, especially post-surgical hypoglycemia.

TARGET AUDIENCE

This course is designed for internal medicine and primary physicians, pediatricians, endocrinologists, obstetrician/gynecologists, surgeons, hospitalists, nurses and nurse practitioners, physician assistants, dietitians, pharmacists, scientists and all other healthcare professionals that interact with and help treat the morbidly obese patient.

LEARNER OBJECTIVES

- 1) Assess the economic impact of the burden of obesity in the workforce and its impact on society.
- 2) Articulate the role that weight bias and discrimination play in access to obesity treatment.
- 3) Describe the physiology of weight loss.
- 4) Analyze new FDA-approved devices for weight loss and identify other devices currently undergoing clinical trials.
- 5) Identify the risks associated with obesity in the pregnant patient.

- 6) Screen for metabolic syndrome in obese children.

- 7) Integrate strategies to become more effective obesity prevention advocates.

- 8) Utilize American Academy of Pediatric resources to assist in population based obesity initiatives.

- 9) Identify appropriate candidates for weight loss surgery in children and adolescents.

- 10) Predict and manage outcomes and complications of most commonly performed procedures in adolescents.

- 11) Identify and screen adult patients for surgical intervention.

- 12) Employ effective management strategies in the dietary and medical treatment of post-bariatric surgery hypoglycemia.

- 13) Examine current guidelines in the nutritional management of the post-bariatric surgery patient.

AGENDA

8 a.m. Welcome and Overview

Michael Peters, Jr., M.D., FACS, FASMBS
Medical Director of Bariatric Surgery
Christiana Care Health System
Newark, Delaware
Clinical Assistant Professor of Surgery
Sidney Kimmel Medical College at
Thomas Jefferson University, Philadelphia, PA
President, Delaware State Chapter ASMBS

8:10 a.m. Keynote Presentation: The Impact of Weight Bias

Amber Huett-Garcia, MPA
Vice-chairman of the Obesity Action Coalition
Tampa, Florida

8:45 a.m. Obesity in Pregnancy

Chloe A. Zera, M.D., MPH
Obstetrician & Gynecologist, Brigham and Women's Hospital
Assistant Professor of Obstetrics, Gynecology and Reproductive Biology, Harvard Medical School
Boston, Massachusetts

9:30 a.m. Transcending the Office: Helping Pediatricians Find Their Voice to Reduce Pediatric Obesity

Christopher F. Bolling, M.D., FAAP
Pediatric Associates, PSC
Crestwood Hills, Kentucky
Chairman, American Academy of Pediatrics – Section on Obesity

10:15 a.m. Break

10:30 a.m. Role of Bariatric Surgery in the Management of Morbid Obesity in Children and Adolescents

Kirk W. Reichard, M.D., MBA, FACS, FAAP
Assistant Chief Medical Officer for Perioperative Services
Alfred I. DuPont Hospital for Children
Wilmington, Delaware

Clinical Professor of Surgery and Pediatrics, Thomas Jefferson University School of Medicine

Philadelphia, Pennsylvania

Chair, Pediatric and Adolescent Committee, ABMBS

11:15 a.m. Overview of Weight Loss Medications

M. James Lenhard, M.D., FACE, FACP

Chief, Section of Endocrinology and Metabolism

Director, Diabetes and Metabolic Research Center

Christiana Care Health System, Newark, Delaware

Clinical Assistant Professor of Medicine

Jefferson Medical College, Thomas Jefferson University

Philadelphia, Pennsylvania

Noon Break and Box Lunches

12:20 p.m. Lunch Presentation: Obesity Medicine: How We Got to Now

Kendra F. Boell, D.O., MBA, CPE

Adjunct Professor, Pennsylvania College of Technology, Physician Assistant Program

Williamsport, Pennsylvania

Medical Director, Geisinger Health Plan

Associate Physician-Nutrition, Geisinger Clinic,

Danville, Pennsylvania

1 p.m. Management of Post-bariatric Surgery Hypoglycemia

Amy B. Wachter, M.D.

Clinical Leader/Staff Endocrinologist, Christiana Care Endocrinology Specialists

The Medical Group of Christiana Care

Wilmington, Delaware

Christiana Care Research Institute, Newark, Delaware

1:45 p.m. Break

1:55 p.m. Intake after Bariatric Surgery: What, when, why and how?

Gabrielle Marlow, MS, RD, LDN, CDE

Nutrition Program Manager, Weight Management & Bariatric Surgery Program

Metabolic Health Services

Christiana Care Health System

Wilmington, Delaware

2:35 p.m. New Technologies in Bariatrics

Caitlin A. Halbert, D.O., MS

Advanced Gastrointestinal and Bariatric Surgery, General Surgery

Christiana Institute of Advanced Surgery

Newark, Delaware

Clinical Assistant Professor of Surgery

Sidney Kimmel Medical College, Thomas Jefferson University

Philadelphia, Pennsylvania

3:20 p.m. State Chapter Meeting: What's Changed, What can be Changed?

Michael Peters, Jr., M.D., FACS, FASMBS

4 p.m. Questions and Answers

4:10 p.m. Conclusion

Mismanagement of the bariatric patient can have devastating consequences.

Collaborative efforts with a bariatrician in the management of bariatric patients can help obese patients achieve the best outcomes.

PLANNING COMMITTEE

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Medical Director of Bariatric Surgery

Christiana Care Health System

Newark, Delaware

Clinical Assistant Professor of Surgery

Sidney Kimmel Medical College at

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President, Delaware State Chapter ASMBS

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Clinical Professor of Surgery and Pediatrics, Thomas Jefferson University School of
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Chair, Pediatric and Adolescent Committee, ABMBS

Economists estimate that weight reduction could net cost-savings exceeding \$610 billion

in 20 years. Providers play a crucial role in implementing interventions to assist patients in their weight loss efforts.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MEDICUSCME and Christiana Care Health System. MEDICUSCME is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION

MEDICUSCME designates this live activity for a maximum of 7.0 *AMA PRA Category 1 credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

STATEMENT OF DISCLOSURE AND INDEPENDENCE

It is the policy of MEDICUSCME to ensure all its sponsored educational activities are planned, developed, and conducted in accordance with the ACCME's Essential Areas and policies. In accordance with ACCME requirements, MEDICUSCME has Conflict of Interest and Disclosure policies that are designed to ensure that all sponsored educational activities are fair balanced, independent and evidence-based.

REGISTRATION

Pre-registration required.

All participants must go to <https://cchs.cloud-cme.com/bariatric2016> and follow the prompts to register. REGISTRATION IS NOT CONFIRMED UNTIL ONLINE REGISTRATION IS SUBMITTED AND REGISTRATION FEE IS PROCESSED.

Christiana Care registration (Medical-Dental Staff and employees): \$55 in advance (\$75 "day of" registration, if seating permits)

Non-Christiana Care registration: \$75 in advance (\$95 "day of" registration, if seating permits)

Full time students: \$20

There is no charge for Christiana Care residents and fellows to attend.

If paying by check, registration at the web address above is required. Make checks payable to: Christiana Care Health System. Indicate **Bariatric2016** in the subject line. Include name, degree/credentials and email address of participant. Mail to:

Christiana Care Health System - Continuing Medical Education
4735 Ogletown-Stanton Road

Map 2, Suite 21112

Newark, DE 19713

Registration Deadline: September 25, 2016. Pre-registration required.

Christiana Care Continuing Medical Education will not refund registration fees in the event of cancellations.

Questions: Contact Robin Pugh at rpugh@christianacare.org.



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VISIT US:



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